

ANTI-BULLYING PLAN 2023 Caringbah High School

Bullying behaviour involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Caringbah High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1. School culture and inclusion

All members of the Caringbah High School community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture:

- Regular school assemblies
- Regular year group assemblies
- Highly active wellbeing team
- Individual support for at risk students
- Wellbeing lessons embedded into the school's curriculum.
- Highly active ARCO
- Systematic reporting process
- Active and regular communication with parents and families
- Effective student representation groups and committees
- GIFTed lessons with a focus on effective and positive relationship

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Fortnightly GIFTed assemblies	<p>School expectations with reference to the Student Behaviour Code https://education.nsw.gov.au/content/dam/main-education/policy-library/associated-documents/pd-2006-031</p> <p>School expectations of behaviour are regularly emphasised with reference to the school's values of:</p> <ul style="list-style-type: none">• Community• Opportunity• Respect• Excellence
Whole school term assemblies	<p>School expectations are regularly emphasised with reference to school values. The celebration of student success and achievement provides timely and appropriate examples of positive behaviour.</p>
Event assemblies	<p>School and societal expectations are illustrated to students through examples of strong intercultural communication, respectful relationships, positive interactions, and peer support. The observance of student involvement in community service is a valued feature of these communal celebrations.</p>

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Each semester	GIFTed teachers contribute to professional learning reviews on the construction and delivery of social and emotional lessons for the GIFTed modules on effective relationships. Modules include: social and emotional regulation, how the brain works, effective and positive relationships and issues of consent.
Annually	The wellbeing team have training in the Safeguarding Students PL data and content.
Annually	Staff receive in-house professional learning from the Behaviour Management Team on the school's strategies for behaviour management and best practice in support students in their engagement in learning.
Twice per term	Wellbeing team meetings with communication on student behaviour management managed by the Head Teachers of wellbeing.

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways:

New and casual staff attend an induction with the Head Teacher of Teaching and Learning and the Head Teacher Student Wellbeing on the school's approaches and strategies to student bullying behaviour.

This includes an introduction to our FORE system of students being focused, organised, respectful and engaged in the classroom and beyond. Also introduced is our behaviour level system that focusses on prevention of bullying behaviour and student reflection on their role and responsibility as a bully or a bystander. New and casual staff are provided with a menu of preventative strategies and are supported in their expectation of student behaviour by the head teacher of their faculty.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

Our school liaisons with these partners to promote an inclusive and engaging learning environment.

- Brainstorm productions

- Safeguarding students
- Wellio
- The Police Liaison officer

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan
website

NSW Anti-bullying

Behaviour Code for
Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Every Month	P and C meetings
Updated continually	Facebook page
Updated as required	School website
Parent/ teacher communication	Face to face meetings, phone conversations and emailed information. Parents attendance at information sessions at school.

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE) and in our GIFTed classes.

The Behaviour Management Team at school meets regularly to revise our procedures and processes to meet the current needs of students at our school.


Completed by: Rosie Miller

Position: Deputy Principal (rel.)

Signature: 

Date: 4.5.23

Principal name: Alan Maclean

Signature: 

Date: 4/5/23